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| **Why are students getting less exercise?**  * Students are overburdened with school work * While 71% of students played a sport in high school, only 6.7% play a sport in college * Students are lacking the motivation to exercise, whether it be playing a sport, lifting, running, etc. |  |  | |  | | --- | |  | |  | |  |  | |  | | --- | |  | |  |  How Can We Fix This Problem?  * Get Students to Exercise * Offer programs to help students manage time * Keep students informed about intramural sports and opportunities * Educate students on the health risks that come with minimal exercise |

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| Bloomsburg University |
| College Students Lacking Physical Activity |

Bloomsburg University

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